

SPORT AND GAMES:

Class involvement and participation

During the games lesson, every student is expected to participate to the best of their abilities.

Illness

When a student is unwell or ill but is still able to be at school, a note from their parent/guardian in writing or via a text message or email is required. Parents can also convey the message via the student's class guardian.

In the case that a student falls ill while at school, then a note from their class guardian is to be written and given to the sports teacher or coach.

If a student will not be attending an after school sports practice, the parent/guardian should then inform the sports coordinator timeously that their child won't be attending.

Medical Conditions

Parents should notify the sports coordinator in writing if their child has a condition that prohibits them from participating in a sports activity. This also goes for any injuries that the sports coordinator must be aware of.

Sports Day and Cross Country

If a learner is ill during any of these two events, a certified doctor's certificate is required the following day. In the case that a student is ill but can be at school, they would then be required to assist with the various duties of the day.

Gear

All learners are to wear sports appropriate clothing for the games activities; T-shirt, shorts, tracksuits, leggings, and running shoes. Please note that, jeggings will not be allowed. If a student is not properly attired they will receive an Incident Form. If they receive three Incident Forms they are required to attend a Friday Detention class from 15H00 to 16H00.

During the sports practice, punishments for students not dressed appropriately for the practice will be up to the coach of that sports practice.

HIGH SCHOOL FACULTY